

Custom is our standard

January Newsletter



ABLE C.A.R.E.S

As we start the new year, let us strive every day to achieve our hourly, daily, weekly, monthly, and yearly goals. We need to work together as a team and think of the core values we hold, which form the foundation on which we perform our work and conduct ourselves.

REMEMBER that ABLE C.A.R.E.S

- ❖ Strive for Continuous improvement- Pursue excellence, learn all you can, and teach all you know.
- ❖ Be Accountable- own your work, take pride in all you do, and make a difference.
- ❖ Do the Right thing-do what you say and say what you do.
- ❖ Engage-be proactive, help others, and create solutions.
- ❖ No Surprises- Communicate effectively, report anything that could negatively affect the company.



JANUARY BIRTHDAYS:

- Maria Galicia-Gamboa – January 2nd
- Tammy Bunnell – January 4th
- Jackie Hernandez – January 5th
- Aaron Hankerson – January 13th
- Jason Gambacorta – January 15th
- Gladys Robles – January 17th



JANUARY ANNIVERSARIES:

- Kacheila Rodriguez – 1 year
- Michael Torres- 1 year
- Victor Alvarado – 2 years
- Maria Galicia- Gamboa – 10 years
- Nisa Macha – 10 years
- Cody Shukis- 10 years
- Ivona Wielgos – 22 years



2023 SAFETY REMINDERS!

As we start a new year, please remember to always follow the safety rules listed below:

- ALWAYS WEAR SAFETY GLASSES, and other appropriate PPE (Personal Protective Equipment) when on the production floor.
- If you see something, say something. Always alert supervisors to anything that you think may be unsafe.
- Use equipment, machines, and tools properly.
- Keep work areas and all emergency exits clear.
- Make sure all machines/ equipment are turned off at the end of work shift.
- Power off any computers and workstations.
- Check to make sure that clothing does not have pet hair or on it.
- No food or drink (except water) is permitted on production floor.





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New Year's Challenge!

Pick 3 of the below New Year's Resolutions to focus on this year! Write them down and at the end of every month check in with yourself and see how you are doing! Do you feel different? Are you happier?

- Give one compliment a day.
- Work out to feel good, not get smaller.
- Do random acts of kindness.
- Read a book a month.
- Only go on social media 1 hour per day.
- Reduce your waste.
- Clear out the clutter.
- Volunteer.
- Write down one thing you are grateful for every night.
- Drink more water.
- Take part of your paychecks and put it in savings or investments.
- Talk to yourself with kindness.
- Call a friend instead of texting them.
- Stay in touch with people who matter.
- Keep a journal.
- Go to the dentist!
- Be kind on social media.
- Stop gossiping.
- Start a new hobby.
- Try a new restaurant.



