



Custom is our standard

February Newsletter

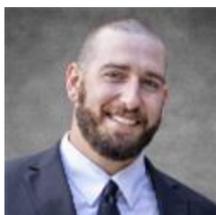
ABLE UPDATES

January marked the beginning of Quarter 1 (Q1) for 2024. Q1 runs from January – March. At the end of 2023, we saw growth in company productivity of 4%! The Q4 total company productivity was 85%. This was an increase from Q3 productivity of 81%. While we did not exceed 85%, we are heading in the right direction!

As we start the New Year and a new quarter, let's work together to continue to improve productivity and quality to make Q1 our best quarter to date!

Also, this month we are happy to welcome Mike O'Toole to the engineering department as a manufacturing engineer. He is a graduate of Central Connecticut State University and comes to us with over 7 years' experience in the industry.

Mike will be responsible for responsible for developing, modifying, and implementing manufacturing solutions to produce high quality products efficiently, effectively, and safely. This is a very hands-on role, which will require him to work collaboratively will all departments, including engineering, production, quality, and purchasing/ materials management.



Welcome Mike!



ABLE ANNIVERSARIES:

- Aremi Velarde – 2 year
- Lidia Alvarez - 5 years
- Sonia Maric – 5 years
- Yoshabel Figueroa- 5 years
- Teresa Vergara- 5 years
- LaurieAnn Ray – 7 years
- Angelica Lopez – 17 years
- Carmen Martinez – 20 years



Thank you, Carmen, for 20 years of service!

FEBRUARY BIRTHDAYS:

- Maureen Smith – February 1st
- Neyshalee Rodriguez – February 3rd
- Mike O'Toole – February 19th
- Victoria Isidro – February 25th



2024

Safety Committee Members

"If you see something, say something!"

Below are the safety committee members for this year. If you have any safety concerns, please let them know!

Building A

- Jason Gambacorta
- Cody Shukis
- Anelise Hanson
- Connor McKeever
- Yoshabel Figueroa
- Kimberly Rockefeller
- Robert Dearth

Building B

- Myron Moroz
- Shelby Bonomo
- Kim Cadorette
- Marie Kubasti
- Theresa Breault
- Miguel DeJesus
- Regan Clancy
- Kimberly Rockefeller
- Robert Dearth



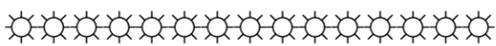
Homemade Cat Treats with Tuna

Ingredients

- 5oz can of tuna
- 1/2 cup white cornmeal
- 1/2 cup flour
- 1/2 cup water

Instructions

1. Mix all ingredients together until it forms a ball.
2. Break off tiny pieces and roll into a small bite size ball and place on baking sheet.
3. Flatten ball with a finger-- just like you're making thumbprint cookies.
4. Bake at 350 degrees for 5 minutes.
5. Flip and bake an additional 5 minutes.
6. Let cool and have your kitties enjoy!



Our Companions Animal Rescue was founded in 2002 after receiving a gift of 43 acres of land in Ashford, CT for the purpose of building Connecticut's first animal Sanctuary, rehabilitation, and adoption center.

Phone: 860-242-9999

Locations:

Our Companions Program Center
34 Sanrico Drive Manchester, CT

Sanctuary
46 Floeting Road Ashford, CT



Steven and Kimberly's cat, Lara

February 20th National Pets Day

You love your furry friend every day, but did you know there is a special day dedicated entirely to your affection?

National Pet Day is dedicated to showing appreciation and love for our furry friends. Pets enrich our lives in so many ways, from providing companionship to helping reduce stress. This special day honors the bond between humans and their beloved pets and encourages us to take a moment to recognize the important role our pets play in our lives.

Here are some ways to celebrate your fondness for your furry sidekick on this holiday:

1. **Throw a party!** Have a pet playdate and invite their furry friends over and have yummy pet treats ready to go!
2. **Donate to pet charities:** Spread the love to pets who aren't as fortunate as you by donating time, supplies, or money to a local pet rescue. (check out ←←← Our Companions for ways to help!)
3. **Indulge in something delicious.** Change up their daily meal with a treat that they will love! Steak anyone?
4. **Dine out.** Go out to eat at a pet friendly restaurant.

Shower your furry buddy with gifts. Buy some treats and toys to surprise your furry buddy.



Homemade Dog Treats with Peanut Butter and Pumpkin

Ingredients

- 2 ½ cups whole wheat flour
- 2 large eggs
- ½ cup canned pumpkin
- 2 tablespoons peanut butter
- ½ teaspoon salt
- ½ teaspoon ground cinnamon
- 1 teaspoon water, or more if necessary (Optional)

Instructions

1. Gather all the ingredients.
2. Preheat the oven to 350 degrees F
3. Combine flour, eggs, pumpkin, peanut butter, salt, and cinnamon in a bowl; stir with a spatula until combined.
4. Transfer mixture to a work surface and work it with your hands until mixture starts to come together. Add 1 teaspoon water at a time (only if needed) to help make the dough workable, but don't add too much as it should be dry and stiff.
5. Roll the dough to a thickness of 1/2 inch.
6. Cut into 1/2-inch pieces and transfer to a baking sheet.
7. Bake in the preheated oven until dog treats are golden brown and crunchy, about 40 minutes. Let cool before serving to your dog.



